



# Snappy Tomato Pizza

## Nutritional Information - Snappetizers

Size:	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Regular Wedge Fries</b>											
Wedge Fries	220	90	10	3	0	0	520	28	4	1	4
add cheese	90	60	7	4.5	0	20	190	1	< 1g	0	6
<b>Loaded Wedge Fries</b>											
Wedge Fries	220	90	10	3	0	0	520	28	4	1	4
Cheese	140	90	11	7	0	30	290	2	1	0	9
Bacon	60	40	4	1.5	0	15	200	0	0	0	5
<b>Total</b>	<b>420</b>	<b>220</b>	<b>25</b>	<b>12</b>	<b>0</b>	<b>45</b>	<b>1010</b>	<b>30</b>	<b>5</b>	<b>1</b>	<b>18</b>
<b>Bone In Wings</b>											
6	460	300	34	9	0	120	760	4	0	0	36
10	770	500	57	15	0	200	1270	7	0	0	60
20	1530	1000	113	30	0	400	2530	13	0	0	120

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<b>Boneless Wings</b>											
1/2 lb.	480	150	18	3	0	105	1570	30	3	0	45
1 lb.	970	300	36	6	0	210	3140	60	6	0	91
<b>Optional Sauces</b>											
Hot Sauce	0	0	0	0	0	0	2240	0	0	0	0
BBQ Sauce	110	0	0	0	0	0	440	28	0	25	0
<b>Small Flatbread</b>											
Dough	490	30	3	0	0	0	0	112	3	0	0
Garlic	160	160	18	3	0	0	250	0	0	0	0
Cheese	270	180	21	14	0	60	580	3	2	0	18
<b>Total</b>	<b>930</b>	<b>380</b>	<b>42</b>	<b>17</b>	<b>0</b>	<b>60</b>	<b>830</b>	<b>115</b>	<b>5</b>	<b>0</b>	<b>18</b>
Serving 1/4	230	100	11	4	0	15	210	29	1	0	5
<b>Medium Flatbread</b>											
Dough	850	60	6	0	0	0	0	192	6	0	0
Garlic	240	240	26	4	0	0	370	0	0	0	0
Cheese	500	330	39	25	0	110	1060	6	4	0	33
<b>Total</b>	<b>1590</b>	<b>630</b>	<b>71</b>	<b>29</b>	<b>0</b>	<b>110</b>	<b>1430</b>	<b>198</b>	<b>10</b>	<b>0</b>	<b>33</b>
Serving 1/6	270	110	12	5	0	20	240	33	2	0	6
<b>Large Flatbread</b>											
Dough	1200	80	8	0	0	0	0	272	8	0	0
Garlic	320	320	35	6	0	0	500	0	0	0	0
Cheese	640	430	50	32	0	140	1350	7	6	0	43
<b>Total</b>	<b>2160</b>	<b>830</b>	<b>93</b>	<b>38</b>	<b>0</b>	<b>140</b>	<b>1850</b>	<b>279</b>	<b>14</b>	<b>0</b>	<b>43</b>
Serving 1/8	270	100	12	5	0	20	230	35	2	0	5

Size:	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Breadsticks</b>											
Dough	850	60	6	0	0	0	0	192	6	0	0
Garlic	160	160	18	3	0	0	250	0	0	0	0
<b>Total</b>	<b>1010</b>	<b>220</b>	<b>24</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>250</b>	<b>192</b>	<b>6</b>	<b>0</b>	<b>0</b>
Serving 1/6	170	35	4	0.5	0	0	40	32	1	0	0
<b>Garlic Bread</b>											
Bun	380	60	6	2.5	0	< 5mg	720	68	3	4	13
Garlic	160	160	18	3	0	0	250	0	0	0	0
Cheese	90	60	7	4.5	0	20	190	1	< 1g	0	6
<b>Total</b>	<b>630</b>	<b>280</b>	<b>31</b>	<b>10</b>	<b>0</b>	<b>20</b>	<b>1160</b>	<b>69</b>	<b>3</b>	<b>4</b>	<b>19</b>