



# Snappy Tomato Pizza

## Nutritional Information - Build Your Own Pizzas

### Small Build Your Own Pizzas

Size: Small	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Dough</b>											
Traditional	490	35	3.5	0	0	0	0	112	3	0	0
<b>Sauce</b>											
Snappy Sauce	40	10	1	0	0	0	220	4	< 1g	2	< 1g
Ranch Sauce	210	200	23	3.5	0	5	430	3	0	1	0
BBQ Sauce	80	0	0	0	0	0	330	21	0	18	0
Hot Sauce	0	0	0	0	0	0	1680	0	0	0	0
<b>Cheese</b>											
Cheese	180	120	14	9	0	40	380	2	2	0	12
Extra Cheese	90	60	7	4.5	0	20	190	1	< 1g	0	6
<b>Meats</b>											
Pepperoni	70	50	5	2	0	10	250	0	0	0	4

Size: Small	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Pepperoni (Multi)	50	40	4	1.5	0	10	180	0	0	0	3
Ham	50	20	2	0.5	0	10	410	1	0	< 1g	6
Ham (Multi)	35	15	1.5	0.5	0	5	310	< 1g	0	0	5
Bacon	120	80	8	2.5	0	35	410	< 1g	0	0	10
Bacon (Multi)	60	40	4	1.5	0	15	200	0	0	0	5
Sausage	80	50	6	2	0	30	260	1	< 1g	0	5
Sausage (Multi)	40	25	3	1	0	15	130	< 1g	0	0	2
Beef	50	25	3	1	0	15	270	2	< 1g	0	5
Beef (Multi)	25	15	1.5	0.5	0	5	135	< 1g	0	0	3
Chicken	60	15	1.5	0	0	30	160	< 1g	0	0	11
<b>Veggies</b>											
Mushrooms	5	0	0	0	0	0	125	< 1g	0	0	0
Mushrooms (Multi)	0	0	0	0	0	0	65	0	0	0	0
Onions	10	0	0	0	0	0	0	3	< 1g	1	0
Onions (Multi)	5	0	0	0	0	0	0	1	0	< 1g	0
Green Peppers	5	0	0	0	0	0	0	1	0	< 1g	0
Green Peppers (Multi)	0	0	0	0	0	0	0	< 1g	0	0	0
Green Olives	50	45	4.5	2.5	0	0	460	2	0	0	0
Green Olives (Multi)	25	20	2	1.5	0	0	230	< 1g	0	0	0
Black Olives	50	45	4.5	1	0	0	230	2	0	0	0
Black Olives (Multi)	25	20	2	0	0	0	115	< 1g	0	0	0
Tomatoes	10	0	0	0	0	0	0	2	< 1g	2	< 1g
Tomatoes (Multi)	0	0	0	0	0	0	0	< 1g	0	< 1g	0
Jalepenos	5	0	0	0	0	0	280	1	0	0	0
Jalepenos (Multi)	0	0	0	0	0	0	140	< 1g	0	0	0
Banana Peppers	5	0	0	0	0	0	280	0	0	0	0
Banana Peppers (Multi)	0	0	0	0	0	0	140	0	0	0	0
Anchovies	90	50	6	1.5	0	45	2860	0	0	0	9

Size: Small	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Anchovies (Multi)	30	20	2	0	0	15	950	0	0	0	3
Pineapple	30	0	0	0	0	0	0	7	0	6	0
Pineapple (Multi)	10	0	0	0	0	0	0	2	0	2	0
<b>Medium Build Your Own Pizzas</b>											
Size: Medium	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Dough</b>											
Traditional	850	60	6	0	0	0	0	192	6	0	0
Thin	1060	130	16	0	0	0	530	200	0	0	31
<b>Sauce</b>											
Snappy Sauce	80	20	2	0	0	0	430	8	2	4	2
Ranch Sauce	350	330	38	6	0	10	710	5	0	2	0
BBQ Sauce	130	0	0	0	0	0	560	34	0	31	0
Hot Sauce	0	0	0	0	0	0	2810	0	0	0	0
<b>Cheese</b>											
Cheese	410	270	32	21	0	90	870	5	4	0	27
Extra Cheese	140	90	11	7	0	30	290	2	1	0	9
<b>Meats</b>											
Pepperoni	180	130	13	5	0	25	610	0	0	0	10
Pepperoni (Multi)	130	90	9	3.5	0	20	430	0	0	0	7
Ham	120	45	5	2	0	20	1020	3	0	1	16
Ham (Multi)	90	30	3.5	1	0	15	710	2	0	< 1g	11
Bacon	240	150	16	5	0	65	820	2	0	0	20
Bacon (Multi)	120	80	8	2.5	0	35	410	< 1g	0	0	10



## Large Build Your Own Pizzas

Size: Large	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Dough</b>											
Traditional	1200	80	8	0	0	0	0	272	8	0	0
Thin	1450	170	21	0	0	0	720	272	0	0	43
<b>Sauce</b>											
Snappy Sauce	90	25	2.5	0	0	0	540	9	2	5	2
Ranch Sauce	500	460	53	8	0	15	990	7	0	3	0
BBQ Sauce	190	0	0	0	0	0	780	48	0	43	0
Hot Sauce	0	0	0	0	0	0	3930	0	0	0	0
<b>Cheese</b>											
Cheese	640	430	50	32	0	140	1350	7	6	0	43
Extra Cheese	180	120	14	9	0	40	380	2	2	0	12
<b>Meats</b>											
Pepperoni	220	150	15	6	0	30	740	0	0	0	12
Pepperoni (Multi)	160	120	12	4.5	0	25	550	0	0	0	9
Ham	150	50	6	2	0	25	1230	3	0	2	19
Ham (Multi)	110	40	4.5	1.5	0	20	920	3	0	1	14
Bacon	360	230	25	8	0	100	1220	3	0	0	30
Bacon (Multi)	2400	150	16	5	0	65	820	2	0	0	20
Sausage	270	190	21	7	0	100	930	4	2	1	16
Sausage (Multi)	150	110	12	4	0	60	530	2	1	< 1g	9
Beef	180	90	10	4	0.5	50	940	6	3	1	18
Beef (Multi)	100	50	6	2.5	0	30	540	3	2	< 1g	10
Chicken	180	40	4	1	0	90	480	2	0	0	33



Size: Baby Beast	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Sauce</b>											
Snappy Sauce	80	20	2	0	0	0	430	8	2	4	2
Ranch Sauce	350	330	38	6	0	10	710	5	0	2	0
BBQ Sauce	130	0	0	0	0	0	560	34	0	31	0
Hot Sauce	0	0	0	0	0	0	2810	0	0	0	0
<b>Cheese</b>											
Cheese	410	270	32	21	0	90	870	5	4	0	27
Extra Cheese	140	90	11	7	0	30	290	2	1	0	9
<b>Meats</b>											
Pepperoni Large	170	120	12	5	0	25	590	0	0	0	10
Ham	70	25	3	1	0	15	610	2	0	< 1g	9
Ham (Multi)	35	15	1.5	0.5	0	5	310	< 1g	0	0	5
Bacon	240	150	16	5	0	65	820	2	0	0	20
Bacon (Multi)	120	80	8	2.5	0	35	410	< 1g	0	0	10
Sausage	190	130	15	5	0	70	660	3	1	< 1g	11
Sausage (Multi)	110	80	9	3	0	45	400	2	< 1g	< 1g	7
Beef	130	60	7	3	0	35	670	4	2	< 1g	13
Beef (Multi)	80	40	4.5	1.5	0	20	400	3	1	< 1g	8
Chicken	120	25	2.5	0.5	0	60	320	1	0	0	22
<b>Veggies</b>											
Mushrooms	10	0	0	0	0	0	250	2	< 1g	0	< 1g
Mushrooms (Multi)	10	0	0	0	0	0	190	1	< 1g	0	< 1g
Onions	20	0	0	0	0	0	0	4	< 1g	2	0
Onions (Multi)	10	0	0	0	0	0	0	3	< 1g	1	0
Green Peppers	10	0	0	0	0	0	0	2	< 1g	1	0
Green Peppers (Multi)	5	0	0	0	0	0	0	1	0	< 1g	0

Size: Baby Beast	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Green Olives	110	90	9	5	0	0	920	4	0	0	0
Green Olives (Multi)	80	70	7	4	0	0	690	3	0	0	0
Black Olives	110	90	9	2	0	0	460	4	0	0	0
Black Olives (Multi)	80	70	7	1.5	0	0	350	3	0	0	0
Tomatoes	15	0	0	0	0	0	0	3	2	3	2
Tomatoes (Multi)	15	0	0	0	0	0	0	3	1	3	1
Jalepenos	10	0	0	0	0	0	560	2	0	0	0
Jalepenos (Multi)	10	0	0	0	0	0	420	2	0	0	0
Banana Peppers	10	0	0	0	0	0	560	0	0	0	0
Banana Peppers (Multi)	10	0	0	0	0	0	420	0	0	0	0
Anchovies	230	140	15	4	0	115	7640	0	0	0	23
Anchovies (Multi)	170	100	11	3	0	85	5730	0	0	0	17
Pineapple	70	0	0	0	0	0	10	19	< 1g	17	< 1g
Pineapple (Multi)	60	0	0	0	0	0	5	14	< 1g	13	< 1g

**Jr. Beast Build Your Own Pizzas**

Size: Jr. Beast	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Dough</b>											
Traditional	1690	110	11	0	0	0	0	384	11	0	0
<b>Sauce</b>											
Snappy Sauce	1400	35	3.5	0	0	0	820	14	4	7	4
Ranch Sauce	990	930	106	17	0	35	1980	13	0	7	0
BBQ Sauce	380	0	0	0	0	0	1560	97	0	86	0
Hot Sauce	0	0	0	0	0	0	7860	0	0	0	0



Size: Jr. Beast	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Cheese</b>											
Cheese	820	550	64	41	0	180	1730	9	7	0	55
Extra Cheese	270	180	21	14	0	60	580	3	2	0	18
<b>Meats</b>											
Pepperoni Large	340	250	25	10	0	50	1180	0	0	0	20
Ham	150	50	6	2	0	25	1230	3	0	2	19
Ham (Multi)	70	25	3	1	0	15	610	2	0	< 1g	9
Bacon	480	310	33	10	0	130	1630	3	0	0	40
Bacon (Multi)	360	230	25	8	0	100	1220	3	0	0	30
Sausage	380	270	30	10	0	145	1320	6	3	2	23
Sausage (Multi)	270	190	21	7	0	100	930	4	2	1	16
Beef	250	130	14	6	1	70	1340	9	4	2	25
Beef (Multi)	180	90	10	4	0.5	50	940	6	3	1	18
Chicken	240	50	5	1	0	120	640	2	0	0	44
<b>Veggies</b>											
Mushrooms	30	0	0	0	0	0	630	5	2	1	2
Mushrooms (Multi)	20	0	0	0	0	0	440	3	2	< 1g	2
Onions	35	0	0	0	0	0	0	8	2	3	< 1g
Onions (Multi)	20	0	0	0	0	0	0	4	< 1g	2	0
Green Peppers	20	0	0	0	0	0	0	4	1	2	< 1g
Green Peppers (Multi)	10	0	0	0	0	0	0	2	< 1g	1	0
Green Olives	160	130	13	8	0	0	1380	5	0	0	0
Green Olives (Multi)	80	70	7	4	0	0	690	3	0	0	0
Black Olives	160	130	13	2.5	0	0	690	5	0	0	0
Black Olives (Multi)	80	70	7	1.5	0	0	350	3	0	0	0
Tomatoes	30	0	0	0	0	0	0	5	3	5	3
Tomatoes (Multi)	25	0	0	0	0	0	0	5	2	5	2

Size: Jr. Beast	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Jalepenos	20	0	0	0	0	0	1120	4	0	0	0
Jalepenos (Multi)	10	0	0	0	0	0	560	2	0	0	0
Banana Peppers	20	0	0	0	0	0	1120	0	0	0	0
Banana Peppers (Multi)	10	0	0	0	0	0	560	0	0	0	0
Anchovies	230	140	15	4	0	115	7640	0	0	0	23
Anchovies (Multi)	110	70	8	2	0	55	3820	0	0	0	11
Pineapple	70	0	0	0	0	0	10	19	< 1g	17	< 1g
Pineapple (Multi)	40	0	0	0	0	0	0	9	0	8	0

### Beast Build Your Own Pizzas

Size: Beast	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Dough</b>											
Traditional	3390	230	23	0	0	0	0	768	23	0	0
<b>Sauce</b>											
Snappy Sauce	280	70	7	0	0	0	1630	28	7	14	7
Ranch Sauce	1980	1850	212	33	0	65	3970	26	0	13	0
BBQ Sauce	750	0	0	0	0	0	3110	193	0	172	0
Hot Sauce	0	0	0	0	0	0	15710	0	0	0	0
<b>Cheese</b>											
Cheese	1640	1090	128	82	0	365	3460	18	15	0	109
Extra Cheese	550	360	43	27	0	120	1150	6	5	0	36
<b>Meats</b>											
Pepperoni Large	690	490	49	20	0	100	2360	0	0	0	40

Size: Beast	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Ham	290	100	11	4	0	50	2450	7	0	3	38
Ham (Multi)	150	50	6	2	0	25	1230	3	0	2	19
Bacon	830	540	58	18	0	230	2860	6	0	0	69
Bacon (Multi)	600	380	41	13	0	165	2040	4	0	0	50
Sausage	760	540	60	20	0	290	2650	12	6	3	46
Sausage (Multi)	530	380	42	14	0	200	1850	8	4	2	32
Beef	510	260	28	12	1.5	140	2690	17	9	4	50
Beef (Multi)	360	180	20	8	1	100	1880	12	6	3	35
Chicken	360	80	7.5	1.5	0	180	960	3	0	0	66
<b>Veggies</b>											
Mushrooms	60	0	0	0	0	0	1250	9	5	2	5
Mushrooms (Multi)	40	0	0	0	0	0	880	7	3	2	3
Onions	60	0	0	0	0	0	5	13	3	6	1
Onions (Multi)	30	0	0	0	0	0	0	6	1	3	< 1g
Green Peppers	30	0	0	0	0	0	0	7	2	3	1
Green Peppers (Multi)	15	0	0	0	0	0	0	3	1	2	< 1g
Green Olives	270	220	22	13	0	0	2300	9	0	0	0
Green Olives (Multi)	130	110	11	7	0	0	1150	4	0	0	0
Black Olives	270	220	22	4.5	0	0	1150	9	0	0	0
Black Olives (Multi)	130	110	11	2	0	0	580	4	0	0	0
Tomatoes	60	0	0	0	0	0	0	10	5	10	5
Tomatoes (Multi)	40	0	0	0	0	0	0	7	4	7	4
Jalepenos	30	0	0	0	0	0	1680	6	0	0	0
Jalepenos (Multi)	15	0	0	0	0	0	840	3	0	0	0
Banana Peppers	30	0	0	0	0	0	1680	0	0	0	0
Banana Peppers (Multi)	15	0	0	0	0	0	840	0	0	0	0
Anchovies	450	270	30	8	0	225	15270	0	0	0	45

<b>Size: Beast</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Total Fat (g)</b>	<b>Sat Fat (g)</b>	<b>Trans Fat (g)</b>	<b>Cholesterol (mg)</b>	<b>Sodium (mg)</b>	<b>Carbohydrates (g)</b>	<b>Dietary Fiber (g)</b>	<b>Sugars (g)</b>	<b>Protein (g)</b>
Anchovies (Multi)	230	140	15	4	0	115	7640	0	0	0	23
Pineapple	150	0	0	0	0	0	20	37	2	33	2
Pineapple (Multi)	70	0	0	0	0	0	10	19	< 1g	17	< 1g